**SAMIRA JONES**

2306 Donner Pass Ave, CA 95835

(530) 219-7167

samirasjones@gmail.com

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**EDUCATION:**

1996 **B.S.**, Human Rehabilitation Services, Florida State University

2001 **M.P.H.**, Epidemiology, Florida A&M University

2010 **Ph.D.**, Nutritional Biology, University of California, Davis

2011 **R.D.,** Registered Dietitian, Academy of Nutrition and Dietetics

**EMPLOYMENT:**

**California State Health Associates;** *Registered Dietitian Consultant/On Call Per diem;* 509 Armenian Place Henderson, NV 89052; *8/15-present*

* Provides nutritional screening & assessment of patients for appropriate nutrition intervention with acute and chronic disease including diabetes, cardiovascular, renal, and other illnesses
* In accordance with physician orders, develop individualized nutrition care plans based on patient's age, sex, diagnosis, cultural background, pain level, preferences, & religious practices.
* Conducts audits &/or menu reviews, & ensures patient menus or supplemental feedings meet nutritional requirements & physician's orders for individual patients to include size, age, gender, cultural backgrounds, preferences, diagnosis, pain level, & religious practices.
* Develops meal plans to meet the patient's lifestyle and documents in the medical record
* Coordinates activities w/ the other department to insure quality & accuracy of the food served to the patients.
* Monitors the accuracy of the tray related to the MNT or diet order according to diet manual.
* Checks for quality of product & is responsible for corrections & quality follow-up w/ manager/supervisor, staff, or vendor.
* Enters assessments in EHR, implements nutritional care plans, & follows the care & progress of the patients per protocol.
* Participate in the design, development & implementation of high quality, cost effective food & clinical nutrition programs, policies & practices in the medical center, & ensure compliance w/ administrative, legal & regulatory requirements
* Assists in the development, implementation & maintenance of nutrition care, & service standards.
* Conducts quality assurance audits & participates in committees & meetings to receive & report information.
* Provide feedback to Food & Clinical Nutrition Services staff on menu modifications
* Provide input on budget development
* Provide in-service training to staff

**Sutter Health System, Solano Medical Center;** *Food and Nutrition Services Manager*; 300 Hospital Drive Vallejo, CA 94589; *7/14-present*

* Provide total oversight of foodservice and nutrition management of a 104-bed acute care hospital for inpatient trayline meals, cafeteria dining, and catering services
* Supervise kitchen staff including-Registered Dietitians, Diet Clerks, Diet Aides, and Cooks
* Review Registered Dietitian assessments; follow up notes, diet education materials, etc.
* Audit nutritional assessments and progress notes estimating calorie, protein, and other nutrient needs for patients with chronic and sub-acute medical conditions
* Participate in developing medical dietary meals, menus and recipes, for hospital patients
* Develop operating budgets of all expenses and revenue sources and monthly business objectives
* Coordinate all departmental special events and catering orders for quality and timely delivery
* Manage food production operation processes including labor costs and food costs
* Train and coach dietary staff
* Coordinate special catering events for hospital departments
* Provide functional ability to develop equipment replacement proposals
* Approve employee timekeeping using KRONOS

**California Correctional Medical Facility;** *Food Administrator II/Registered Dietitian,* 1600 California Drive, Vacaville, CA 95867; *5/12-7/14*

* Supervised and manage the dietary operations of the therapeutic diet kitchen to feed 700+ medically ill patient-inmates
* Supervised clinical registered dietitians, food service kitchen cooks, and administrative staff in coordinating daily food preparation and food production activities to final meal delivery
* Developed and conducted in-services and staff training on therapeutic meal preparation, food safety and other nutrition topics to kitchen staff and food service workers
* Provided nutritional assessments estimating calorie, protein, and other nutrient needs for inmates and inmate patients with chronic and sub-acute medical conditions
* Approved the therapeutic menu that provided medically prescribed diets to inmates
* Made food and equipment purchases that comply with state and federal food codes and regulations (i.e. California Food Code)
* Implemented Title 22 guidelines for licensed health facilities providing medical nutrition therapy
* Conducted nutritional assessments and screenings of inmates in Dialysis, Mental Health Crisis, Hospice, and General Acute Care Units)
* Planned and organized dietary activity and provides nutritional therapy and supplements in the Correctional Treatment center to inmate patients.
* Established appropriate interpretation of physician orders for therapeutic and special diets, providing supplements as needed, per physician request.
* Developed diet/nutrition and health education materials on renal and diabetes for inmate patients
* Maintain liaison with medical, pharmacy, and public health nursing and acute care nursing staff
* Ensured the diet kitchen maintained compliance with health facility licensure standards and requirements and maintains records and reports for inspections on compliance with sanitation
* Coordinated completion of Inmate Appeals of diet related issues

**California State University, Nutrition and Foods Department, Sacramento campus;** *Part-time Adjunct faculty*, 6000 J Street Sacramento, CA 95819; August 2012-May 2014

* Teach *Introduction to Foodservice Management* course that covers the foodservice operations of kitchen operations meeting Title 22 guidelines covering concepts of human resource management, financial management, food procurement and nutrition guidelines
* Develop syllabi that integrates the theory of food service through lectures, in-class activities, guest speakers, and kitchen tours with the application of food service
* Mentor pre-dietetic major students about internships employment opportunities
* Coordinate field trips to visit acute health care facility diet kitchens

**Kaiser Permanente, Medical Weight Management Program;** *Health Education Instructor II/Registered Dietitian*, (on call/per diem), Laurel Hahn, Program Manager: One Quality Way, Vacaville, CA; *10/11- present*

* Teach and facilitate weekly group sessions on healthy eating and exercise tips to patients enrolled in the medical weight management program
* Use adult learning and motivational counseling techniques during group discussions
* Assist in medical weight management curriculum design by incorporating various handouts and activities on healthy eating using the 2011 USDA MyPlate recommendations
* Monitor weekly food intake and exercise logs for patients enrolled in the program
* Conduct field trips to local grocery stores, restaurants, and exercise facilities to integrate experiential learning curriculum concepts into sustainable healthy lifestyle behaviors
* Received Resting Metabolic Rate (RMR) training on equipment to perform tests on patients
* Provide training to medical assistants throughout Northern California Kaiser Permanente on the health benefits of exercise so they can communicate it to their patient population
* Communicate via email or phone to patients about weekly assignments and follow-ups to those who missed their class

**Los Rios Community College District, American River College;** *Part-time Adjunct Faculty Instructor,* Dietary Managers Supervisor Program; 4700 College Oak Dr. Sacramento, CA 95841; *01/13-05/14*

* Taught *Introduction to Dietary Manager Supervisor* course that covers the basic concepts of foodservice management, nutrition, and sanitation meeting Title 22 guidelines for healthcare facilities
* Taught the Child and Adult Care Food Program policies for California
* Developed syllabi that integrates the theory of food service through lectures, in-class activities, guest speakers, and kitchen tours with the application of dietary management
* Coordinated field trips to visit acute health care facility diet kitchens

**Hmong Women’s Heritage Association;** *Nutrition Consultant for the Hmong Diabetes Planning Project,* Florin RoadSacramento, CA 95822; Program Coordinator; *05/11-10/11*

* Provided nutrition advice and written comments to the diabetes interdisciplinary planning team for development of AmeriCorp training grant that focused on diabetes prevention and management in the Hmong community
* Developed community-based diabetes questionnaire to assess knowledge and awareness of diabetes in the Hmong community
* Developed Hmong food and nutrition handbook featuring healthy Hmong specific foods with a nutrient content analysis of Hmong recipes
* Conducted Hmong grocery store tours to take photos of commonly consumed Hmong foods found in the Hmong diet
* Attended biweekly team meetings

**University of California Davis Medical Center (UCDMC) Health Systems, Betty Irene Moore School of Nursing,** *Postdoctoral Research Fellow*, Sacramento, CA 95817; *10/09-09/11*

• Community Relations and Public Health Research

o Conducted extensive review of literature using various research databases for topics on health literacy, nutrition literacy, older adult sodium intake, etc.

o Developed an independent research project to assess health and nutrition literacy of hypertensive, community-dwelling, seniors 65 years and older, in the Sacramento, CA region

o Collaborated to develop a community-based strategy to assess food insecurity issues and healthy food choices among older adult African-American recipients of the Sacramento Food Bank and Family Services

o Developed nutrition and physical activity educational materials for adult participants in the UC Davis Health Systems, Rural Diabetes Telehealth Project

o Coordinated a collaboration between the UC Davis Health System, Dietetic Food and Nutrition Division and the Betty Irene Moore School of Nursing for future nurse and dietitian joint trainings

o Attend monthly writing meetings with faculty and postdoctoral scholars

• Program Evaluation

o Developed a Program Evaluation framework for the Rural Diabetes Telehealth Project to assess feasibility and impact of participant behavior change using motivational interviewing

o Assisted in tailoring nutrition survey/questionnaires and self-efficacy tools for the Diabetes Telehealth Project

o Assisted in medical data record extraction for the Rural Diabetes Telehealth Project

**University of California, Davis, Department of Nutrition, Nutritional Biology Graduate Group**

*Graduate Student Nutrition Researcher III-IV, Obesity Policy Research Project/MARS, Inc.;* Meyer Hall, Davis, CA 95616; *3/06-9/30/09*

* Conducted research to coauthor writing a chapter titled “The Government’s role in addressing Obesity” for the textbook Handbook on Obesity published in 2008
* Developed and implemented dissertation research pilot study titled-*Development and Evaluation of a Nutrition Education Intervention to Increase Omega 3 Fatty Acid Consumption from Fish among African-American Women*
* Assisted in developing policy briefs and soda machine bill with CA Assemblyman Coto for Governor Schwarzeneggar’s 2008-2009 California Task Force on Obesity and Diabetes

**Public Health Institute, California Department of Public Health; Cancer Prevention, Nutrition, and Physical Activity, Network for a Healthy California-African-American Campaign,** Sacramento, CA 95817; *Health and Nutrition Educator Consultant, 03/07-11/07*

* Led weekly nutrition education classes on fruit and vegetable intake and physical activity for African-American women
* Conducted cooking demonstrations using nutritious recipes for class participants
* Submitted monthly status activity reports
* Participated in interdisciplinary weekly phone call discussions about program progress

**University of California, Davis, Cooperative Extension (UCCE) Department of Nutrition**, *Community Nutrition Education Specialist/Graduate Student Researcher III;* UCC Fish Connection; Meyer Hall, Davis, CA 95616; *10/04-03/07*

* Facilitated the collaboration between the CA Dept. of Health- Environmental Health Investigations Branch (EHIB) and the UC Cooperative Extension on educational outreach activities of nutrition and fish consumption for low-income families
* Conducted a fish consumption survey validation research study of low income women in northern California
* Assisted in curricula development meetings with UC Cooperative Extension, CA Department of Health Services-Environmental Health Investigations Branch, community organizations, local, state, and federal governments to deliver environmental health and nutrition education to affected populations
* Recruited, trained and supervised nutrition undergraduate student assistants and volunteers on validation study recruitment techniques and data entry

**Centers for Disease Control and Prevention, Public Health Prevention Specialist 3 Year Fellowship Program,** *Public Health Prevention Specialist Fellow;* 1600 Clifton Road Atlanta, GA 30310; *09/01-09/04*

**Year 1-A:** **CDC National Immunization Program (NIP)** Data Management Division (DMD), Systems Development Branch (SDP), *03/01– 8/02*

* + - Conducted state on-site evaluations of CDC/NIP registry programs and made recommendations to advance the reliability of the national registry programmatic functions
    - Co-authored a MMWR publication about the progress and uses of Immunization Registries
    - Analyzed data from an immunization registry to determine the impact on project operations, at risk child vaccination usage, and reminder/recall efforts
    - Developed a draft policy statement about how to handle missing national registry data

**Year 1-B: CDC National Center for Birth Defects and Developmental Disabilities (NCBDDD)** Division of Birth Defects and Developmental Disabilities (DBDD), Developmental Disabilities Branch (DDE), *9/01 – 3/01*

* + - Developed an evaluation plan to assess autism surveillance activities for the Metropolitan Atlanta Developmental Disabilities Surveillance Program (MADDSP)
    - Developed strategies for the national Centers to evaluate their future program and surveillance activities and assisted in the 2001 annual conference planning for the Alliance for Research in Child Health and Epidemiology (ARCHE) and the CDC funded *Centers of Excellence and Autism Surveillance*
    - Analyzed Autism surveillance data activities for MADDSP 1996 and made recommendations to further enhance the quality and validity

**Years 2-3: California Department of Health Services (CDHS),** Division of Environmental and Occupational Disease Control (DEODC) Oakland, CA Environmental Health Investigations Branch (EHIB), ***9/02– 9/04***

* + Conducted needs assessment activities using qualitative methods of key informant interviews, focus groups, informational meetings and trainings with diverse populations (i.e. Cambodian, Vietnamese, Lao, Hmong, Filipino, African-Americans, Latinos, Native Americans and Russians), local health and environmental health agencies, and health care providers in seven California counties for the Delta Watershed Fish Project
  + Co-authored the needs assessment report for five counties in the Delta Watershed Fish Project
  + Collaborated with other state and local agencies to coordinate a Lake County-Native American Fish Contamination Forum and 2003 Native American Earth Day sponsored by the Robinson Rancheria Tribe of Lake County, CA
* Data Collection and Education Materials Research
  + Provided insight on the development of a strategy and questionnaire for conducting a community-based fish consumption study in the CA Delta watershed aimed at women and children to identify fish consuming practices
  + Assisted in the development of a mercury in fish 'FAQ's' (frequently asked questions) resource guide to inform health professionals about the different types of the mercury, exposure routes, and health effects from exposure
  + Developed a "Delta Health Advisory Poster" in seven languages to inform the public about the health advisory about fish caught in the Sacramento-San Joaquin Delta
  + Assisted in the development of a training module for health professionals on mercury contamination in fish and conducted a informational training with Placer County Health Department, Environmental Health staff
* Policy Development
  + Drafted grant proposal Letter of Intent for resources to fund additional program materials and mini-grants for community-based organizations participating in Delta Fish Project
  + Drafted legislative bill analysis representing the CA Dept. of Health Services for state Assembly Bill (AB 2048) addressing the posting of warning signs about mercury contamination at fishing sites in the Delta watershed

**ADDITIONAL PROFESSIONAL EXPERIENCE:**

**Baptist Health Systems, Dietetic Internship/Externship Distance Program, Registered Dietitian (RD)**

**Training** San Antonio, TX; *2010-2011*

* Performed nutrition assessments and made recommendations for intake based on disease status using the ADIME and ADA Nutrition Care Manual to chart in patient medical record
* Conducted nutrition education counseling for patients with hypertension, diabetes, renal disease
* Developed Wellness Project for Nurses employed at the Downtown Baptist Hospital
* Attended various food service management and clinical dietetic trainings/rotations (i.e. bariatric and pediatric ICU)
* Presented Case Study on *Small Bowel Obstruction* in patient with complicated GI history

**Woodland Community Hospital- Mercy Healthcare, Supervised Dietetic Externship Training,** Woodland, CA; *03/11-06/11*

* Performed nutrition assessments and made recommendations for intake based on disease status using ADIME and ADA Nutrition Care Manual to chart in patient medical record
* Attended medical team rounds with health care professionals to discuss patient medical status
* Conducted nutrition education counseling for patients with hypertension, diabetes, renal disease

**University of California, Davis Medical Center Hospital, Supervised Dietetic Externship Training,**

Sacramento, CA; *04/2011-06/2011*

* Performed nutrition assessments and made recommendations for intake based on disease status using the ADIME and ADA Nutrition Care Manual to chart in patient medical record
* Attended medical team rounds with health care professionals in orthopedic trauma, and ENT cancer departments to discuss patient medical status
* Attended dietetic intern case study and journal club presentations on pertinent topics clinical dietetic topics
* Conducted nutrition education counseling for patients with hypertension, diabetes, renal disease

**Sutter Davis Hospital, Sutter Health Care System, Clinical Dietetic Intern Volunteer;** Davis, CA Food and Nutrition Services, Intensive Care Unit/General Patient Acute Care department *9/08-12/08*

* Performed nutrition assessments for acute care patients and made recommendations about nutrient intake to meet health needs with clinical dietitian
* Attended medical rounds with interdisciplinary care team with clinical dietitian and reviewed charts for medical history information

**Florida Healthy Families Initiative;** Tallahassee, FL; Fetal Death Report 2000, Internship-Florida Birth Defects Registry, Florida A&M University (IPH), *06/01-08/01*

* Designed and conducted an analysis of 200 stillborn infants with single and multiple congenital anomalies to assess whether an active surveillance methodology was feasible for identifying these occurrences
* Provided recommendations and disseminated report to field birth defects staff in Florida for future surveillance identification procedures

**CERTIFICATIONS (in chronological order-Expiration date):**

* Basis Supervision Training (12/15)
* ServSafe - Food Safety and Service Management (5/17)
* CPR- Basic Life Skills (5/16)
* Adult Weight Management, Commission for American Dietetic Education (9/08, 3/11-renewal)
* UC Davis Health Systems, Aging and Medical Science in Gerontological Medicine (3/11)

**TRAININGS (in chronological order):**

* Management, Purchasing, Food Facility Licensure -Title 22, (5/14)
* Basic Supervision Training, Galt Correctional Training Facility, (12/13)
* Grant-writing and Leadership, Federation for Societies in Experimental Biology (FASEB), Minority Access to Research Careers (MARC) (11/11)

**PROFESSIONAL AFFILIATIONS:**

* California Department of Public Health, Office of Health Equity Task Force
* American Academy of Nutrition and Dietetics
* American Society for Nutrition
* California Dietetics Association/ Northern Area Dietetics Association (NADA)
* American Public Health Association
* Centers for Disease Control and Prevention, Public Health Prevention Service
* Correctional Supervisors Association

**HEALTHCARE/CLINICAL/ FOOD SERVICE SKILLS:**

* Provide expertise in program planning, development, management, and evaluation
* Conduct patient nutrition assessments and make nutrition intake recommendations using the American Dietetics Assessment Diagnosis Intervention Monitoring and Evaluation (ADIME) and ADA Nutrition Care Manual to chart in patient medical record
* Provide nutrition/diet education counseling on hypertension, diabetes, renal disease
* Make presentations at wellness events on nutrition and health topics to clinical staff
* Provide clinical expertise and knowledge at hospital interdisciplinary, medical team meetings
* Make presentations to executive and administrative staff at meetings
* Provide assistance in counting and logging patient meal food records
* Provide meal preparation assistance community members (i.e. Meals on Wheels delivery to immobile, home-bound seniors)
* Research kitchen equipment vendors for equipment purchases using HAACP plan
* Create cafeteria theme meal display and food production, conduct evaluation overall delivery
* Supervise hospital meal delivery